

North Haven Hospice to conscientiously object to providing euthanasia

New Zealanders will have to make a life-changing decision when they vote in the upcoming referendum on the End of Life Choice Act.

It is important to know that your vote is not about the concept of euthanasia. Your vote is on this Act specifically. Will this legislation keep people safe?

No matter the outcome of the referendum, North Haven Hospice will continue to support people regardless of their desire for euthanasia.

However, if the End of Life Choice Act does pass into law, North Haven Hospice will conscientiously object as an organisation to providing euthanasia.

Medical Director Warrick Jones says the organisation is taking this position because it fully supports the international hospice philosophy to aim to neither hasten nor postpone death, and that euthanasia does not have a place in palliative care.

“We believe with good support people can live well until they die naturally, and their family and whānau can be an important part of this time and need support also,” he said.

North Haven Hospice will continue to provide palliative care for

all people with any life-limiting condition, their family/whānau, regardless of a desire for assisted dying.

“We acknowledge and respect a person’s right to make choices that are best for them, particularly around end of life. However, no North Haven Hospice staff will be involved in the administration or be present during the administration of euthanasia medications and these cannot be administered on any North Haven Hospice premises,” Dr Jones said.

North Haven Hospice is taking its position following a recent High Court ruling that organisations such as hospice have a right to hold conscientious objection.

Hospice New Zealand, the national organisation representing 33 independently-operating hospice services in New Zealand, sought the Declaratory Judgement from the High Court.

Hospice NZ raised concerns with the lack of clarity and detail when it came to the potential application of the End of Life Choice Act, as well as a lack of adequate safeguards, the fact that determining how

long someone has to live is often inaccurate, and that the process does not ensure that family/whānau are aware of a request for euthanasia under the Act. This means a person’s loved ones may be unaware of the request and there is no opportunity to address the underlying factors which motivate the request, such as unresolved physical or emotional pain, fear of being a burden, depression or isolation.

Dr Jones said people living with a terminal illness should be supported to live in whatever way is important to them and their loved ones.

“There is always something that can be done. Palliative care is provided up until the very moment a person dies and beyond when it comes to bereavement support for family/whānau,” he said.

“Palliative care does help people with pain and other distressing symptoms – a lot can be done for a person’s physical, emotional and spiritual wellbeing.”

For more, including FAQs and Hospice NZ resources, visit www.northhavenhospice.org.nz





A Message from Ann

**North Haven Hospice
Board Chair**

Kia ora to all of our members and supporters,

What a year this has been and it's not over yet! Countless members of whanau, communities, businesses and organisations have been affected by the changes to every aspect of life brought on by this latest pandemic. We acknowledge and sympathise with the stress and disruption this has meant for so many.

Our team of highly-experienced professionals deserve accolades for having transitioned the multiple streams of services provided by North Haven Hospice from pre- to post-Covid and then halfway back again with competence and a great deal of expertise. We are very grateful for the collective effort of the teams who continued to provide high quality care in such challenging times.

It's also a time of farewell to two long-standing and highly respected members of staff, CEO Leonie and Te Tumu Manaaki Lale, who have made pivotal contributions to North Haven Hospice. Leonie leaves behind an important legacy of compassionate, fair and trustworthy leadership as manager, coach and friend to staff, patients and whanau across the organisation. She will be sorely missed and never forgotten for championing the many achievements made towards excellence in palliative care. For these and many other reasons we are sad to say goodbye. The Board sincerely thanks Lale for the strong and memorable contribution made in support of patients, whanau, staff and community in so many ways. We fully endorse the acknowledgement already made of her work.

Sincere thanks to everybody who has donated towards the high cost of providing high quality palliative care. We rely greatly on your support. Our thanks go out also to the organisations that support us in many significant ways that help with providing care. We offer our deep appreciation to the volunteers who patiently waited during lockdown until they could come back and continue with the invaluable help provided in their many roles.

Noho ora mai,

Ann McKillop

**Dr Ann McKillop
Board Chair**



Farewell from Leonie

It was with mixed feelings that I left my position as CEO of North Haven Hospice at the end of August after 7.5 years.

It has been a privilege and an honour to serve in this role through times that have been both challenging and rewarding. People have always been at the very heart of North Haven; those who access our services, those who deliver our services and those who support the organisation in so many ways. Over the years I have worked alongside many staff and volunteers who have always been united in the shared mission to provide an excellent standard of specialist palliative care to people who are dying, their families and whanau. The support North Haven receives from our community has always amazed me - without this the organisation would struggle to provide the comprehensive service it does.

Thank you seems such a small word to convey my appreciation to everyone who has contributed, continues to contribute, and will contribute in the future to North Haven Hospice's journey. I will miss you all.

Nga mihi nui,

Leonie

We can cover you!

We're selling designer face coverings at our North Haven Hospice Shop at the corner of Robert St and James St, Whangarei.



Hand-crafted by a small team of talented volunteers, the face coverings have two layers of recycled fabric and they can be washed and reused. At only \$5 each, they're also very affordable.

For information and advice about face coverings, visit [covid19.govt.nz](https://www.covid19.govt.nz)

Image: Hospice Shop volunteer team leader Julia Law with her face covering.

We provide specialist palliative care for people who are living with any life-limiting condition, and support for their families/whanau and carers throughout the entire Whangarei District and south-east of Kaipara District.

Hospice is not a building but a philosophy of care and is all about quality of life.

Hospice care is holistic, embracing physical, emotional, social, cultural and spiritual needs.

The majority of patients receive our care entirely in their homes or place of residence.

In the 2019/20 year, our community nurses and doctors made 3729 visits to patients in their homes or place of residence, and to patients in hospital.

Some patients may have a short admission to our inpatient unit, mostly for symptom management before returning home.

In the 2019/20 year we provided care and support for 542 patients, with on average 117 patients in our care at any one time.

We provide care and support for people of all ages.

Three-quarters of our patients have had a cancer diagnosis.

One-quarter of patients have other life-limiting conditions such as disease of the heart, lung, kidney, liver, or motor neurone disease.

We are a community resource and there is no charge for the care and support we provide to patients and their families/whanau.

We do receive some Government funding via Northland DHB.

However, the gap between that funding and the actual cost to provide the service we give is \$1.9 million for the 2020/21 year.

This means we need to fundraise \$36,500 every week!

Every dollar that is raised here, stays here; supporting an essential community health service for local people facing the end of life and during bereavement.

To help provide our services we rely on the generosity of donations and volunteer support.

09 437 3355 | admin@northhavenhospice.org.nz

www.northhavenhospice.org.nz

Find us on Facebook and Instagram





Gift a day of care

Gift a Day of Care is a unique opportunity for you to make a kind and special contribution to the North Haven Hospice care for a local person living with a life-limiting condition, and support for their family/whanau and carers.

Every Day Counts

At the heart of North Haven Hospice is compassion, care and aroha. This underpins who we are and what we do to help make every day count for our patients and their loved ones. It is about enabling quality of life - 'Living Every Moment' - and focusing on the special things that bring strength, peace, joy, comfort and dignity.

Three reasons to Gift a Day of Care

1. It could be someone's most precious day

Your gift could be the most precious day for a patient and their loved ones. It could be the last day ever that they hold hands, hug, talk or say goodbye. These are special moments for all and create treasured memories within a family/whanau that will last for lifetimes.

2. We need your support

Whilst our specialist care and support is free of charge, it is expensive to provide. However,

we are only partly Government-funded, via Northland DHB. The gap between the DHB funding received and the actual cost to provide the service we give is \$1.9 million for the 2020/21 year. This is what we need to fundraise, which works out to \$36,500 every week! All donations stay in our area to ensure North Haven Hospice care and support remains accessible for local people and their families/whanau. You never know when you or a loved one may need Hospice.

3. Commemorate a special date in the year

In addition to supporting North Haven Hospice, a patient and their family/whanau, you might want to choose the date of your gifted Day of Care to commemorate the memory of a relative or friend; to recognise an important birthday or anniversary; or to mark a significant milestone for your business/organisation.

Who can Gift a Day of Care?

Any individual person, family, community group, organisation or business can Gift a Day of Care (\$1300), or even a Half Day (\$650) or Quarter Day (\$325).

You may want to honour the memory of someone special to you. For your staff or team, it can provide an opportunity to fundraise for a

local charity providing an essential health service for our communities. Whatever your reason for gifting a Day of Care, we will be very grateful for your support.

Your Gift Acknowledged

In recognition of your generosity we'll give you a printed personalised Gift a Day of Care Certificate of Support. With your permission, we will acknowledge your gift on our website, our social media pages (Facebook and Instagram), in our next newsletter and Annual Report. And, we'll invite you to visit and tour our premises at Tikipunga, meet some of the team and enjoy a coffee or tea with us.

How you can Gift a Day of Care

Visit www.northhavenhospice.org.nz and click on the Donate Online button or complete and return the form in the Gift a Day of Care booklet available to download at www.northhavenhospice.org.nz (please let us know if you'd like one posted).

For any queries, please contact Fundraising and Communications Manager Kelvin Teixeira at 09 437 3355, 0274 652 344 or fundraising@northhavenhospice.org.nz

Tena rawa atu koe Lale

We have given a fond farewell to one of our longest-serving staff members, Lale Alldred, who retired in August after 24 years with North Haven Hospice.

Lale, previously a district nurse, joined the organisation in 1996 and worked as a palliative care nurse for the next 14 years.

Then in April 2013 she took on the mantle of Te Tumu Manaaki, a new role created to strengthen the service's responsiveness to Maori.

Lale has always role-modelled grace, compassion and real focus on patient care and family/whanau support, helping people who have accessed our services in their time of great need.

"I have always had a passion for working with whanau in the field of healing. This, I believe, was handed down from my grandmother who taught us that caring for people is the greatest thing we can do," Lale said.

"There has never been any doubt in my mind that if we get the foundation right in working with Maori, the benefits will automatically flow across all ethnicities.

"We do, of course, work with many different nationalities of patients, whanau and colleagues."

A key project that Lale was instrumental in helping develop was Te Whaariki Mo Te Huarahi, North Haven Hospice's framework for moving forward with tangata whenua.

This included developing cultural responsiveness policies and procedures, guided following direct engagement with Maori people throughout the region.

"We travelled all over the north, encouraging Maori to open marae doors to discuss how Hospice could help our people."

Lale said the role of Te Tumu Manaaki provided a new and exciting challenge for her.

"It was a Maori development role and ground-breaking in our field of work. But none of it would have been possible without my whanaunga from Pehiaweri Marae, who embraced North Haven Hospice which stands on our tribal lands so close to places of huge cultural significance to us as Ngati Hau," Lale said.

"We have a whakatauki in Maori which is E hara taku toa he toa takitahi engari he toa takatini, which means that my accomplishments are not mine alone, but are of many. I acknowledge all those who made it possible to do this mahi."

Thank you Lale - North Haven Hospice is so much stronger for your presence and legacy. Do enjoy your retirement with husband Bill and your whanau.



Upcoming Events

Band Together Saturday 19th September

From 7.30pm at One-One-Six at 116 Bank St, see 12 local bands for just \$35. Tickets available at our Hospice Shop on the corner of James St and Robert St, Whangarei. A fundraiser for North Haven Hospice, organised by BNI B'Inspired, BNI Late Start and BNI Whangarei (thank you all). For event updates, follow North Haven Hospice on Facebook and Instagram.



Thank you for your support

Shorts for Hospice raises \$2444.50

Thank you to everyone who wore shorts in the middle of winter and donated, including many individuals and the following organisations and businesses: Huanui College, Lions Club of Marsden, Amundson & Amundson, Harcourts Whangarei, Tyrepower, Mega Surf, Giant Drop-In Choir, Whangarei District Council, Northland Regional Council, Puriri Court Lifecare, Northland Accounting & Taxation, Otaika Pharmacy, The Orchard, House of Travel Whangarei, and More FM Northland!

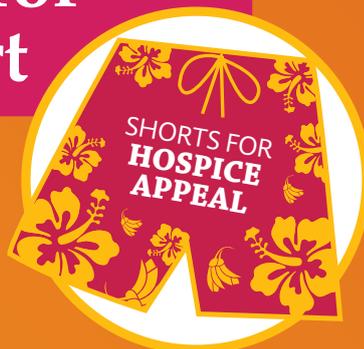
NEXT YEAR Shorts for Hospice is on Monday 21st June, the shortest day of 2021.

Alpha Antennas

Thank you to Terry and Rita of Alpha Antennas for donating your services and goods to ensure the TV's in our IPU patient rooms stay tuned in and working.

Lemonface Design

Thank you to Sarah-Jayne of Lemonface Design for designing (complimentary) the new signs inside our Hospice Shop Whangarei.



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Murray Lints

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NORTH HAVEN HOSPICE SHOPS

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Find us on  

Charities Registration: CC 25574